### OCTOBER 2025

### Nicholas County Extension



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

### Ag and Natural Resources Newsletter

### Rejuvenating Your Kentucky Lawn: Fall Lawn Care

Taking care of your lawn during the fall is as important as it is during spring and summer, even more so for lawns with cool-season grasses such as Kentucky bluegrass and tall fescue. Nearly all fertilizers and broadleaf herbicides should be applied in the fall, and it is by far the best time for lawn renovations, such as seeding. When it comes to the timing of renovations, spring is better than summer, but fall is best of all.

### Here are some tips for cool-season grasses:

Fertilize – Fertilizing your lawn in the fall will help it grow stronger, thicker and greener. Cool-season grasses should be fertilized with nitrogen in the fall as temperatures begin to cool and days shorten. Applying later in the fall when cool-season grasses are actively growing can help rejuvenate the lawn after a stressful summer and improve competition over undesirable warm-season weeds such as bermudagrass. Use either farm fertilizers, such as urea or ammonium sulfate, or specialty fertilizers found in garden centers. The normal rate is 1 to 1.5 pounds of actual nitrogen per 1,000 square feet of lawn. Remember to spread it evenly over your lawn.

Control weeds – If broadleaf weeds such as clover, dandelion, plantain and chickweed are growing in your lawn, fall is the best time of year to get them under control. Almost all broadleaf weeds can be controlled selectively in turfgrass by applying a three-way mix of 2, 4-D, MCPP and Dicamba. This mix is sold in many garden centers under various trade names. Applications in late October through November, after winter annuals have emerged, often result in better control of winter annual broadleaves and perennial broadleaves compared to spring applications. Make the application on a warm day, sometime after the first frost of the season.

Renovate – Summer's stresses often take a toll on your lawn. The best time to reseed your lawn is from late August through October. Because the goal is to get the seed in close contact with the soil, it is recommended that you first remove surface debris and mechanically groove the soil. This can be easily done by traversing the lawn with a dethatching machine that can be rented at many rental centers. Seed a turf-type tall fescue at a rate of five to six pounds per 1,000 square feet. To avoid uneven application, spread half the seed horizontally across the lawn and the other half vertically. The best and quickest results are obtained if the seeded areas can be kept moist until the seeds germinate.

Remember to continue mowing your lawn as long as the grass is growing. You might want to lower the height in the fall to 1.5 to 2 inches. This tends to keep the grass greener longer in the winter and will help the lawn to green up earlier next spring. It might even help increase turf density.







Shelby Cleaver ANR/4-H Agent University of Kentucky 368 East Main Street Carlisle, KY 40311 859-289-2312 shelby.cleaver@uky.edu



### Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





"Today's Challenges, Tomorrow's Opportunities"

### **Kentucky Beef Conference**

October 21, 2025

**Fayette County Extension Office** 1140 Harry Sykes Way Lexington, Kentucky 40504

2:00-3:00

Registration, visit sponsors

**RSVP by October 17th** to Fayette County **Extension Office** 859.257.5582

\*\*If you have a gluten or alpha gal allergy please indicate that when you call\*\*

**CAIP Education Eligible** 

Lexington, KY 40506

3:00 —Welcome & Sponsor Recognition

Allison Tucker, Fayette County Agriculture & Natural Resources Extension Agent

**University of KY Remarks & Welcome** 

Dr. Craig Wood, Ast. Director or Extension for Agriculture, Natural Resources & Horticulture

**Marketing Update & Outlook** 

Dr. Kenny Burdine, UK Beef Economic Extension Specialist

4:00 – Bull Management & Selection

Dr. Saulo Zoca, University of Tennessee Institute of Agriculture Beef Reproduction Extension Specialist

5:00— Emerging Insect Pests

Dr. Hannah Tiffin, UK Extension **Entomologist** 

Dr. Jessie Lay, UK Extension Animal Health Veterinarian

6:15 — Questions/Wrap up

6:30 — Meal

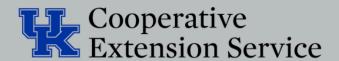
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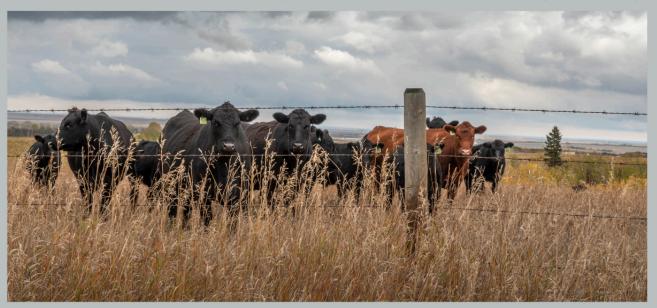


Cooperative



### Strategies To Reduce Fertilizer Use On Cattle Pastures

Join us **Tuesday October 28**<sup>th</sup> **at 6PM** to learn about feeding hay to recycle nutrients, clipping weeds to enhance fertility, appropriate stocking rates and implementing basic rotational grazing



### **CAIP Education**

Nicholas County Livestock Barn 1471 Concrete Rd. Carlisle

We will have a meal provided for those that register ahead of time, to register please call our office at 859-289-2312 or email shelby.cleaver@uky.edu

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources p
Family and Consumer Sciences
4-H Youth Development

Educational programs of Kennacky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, pelitical belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, verean status, physical or mental disability or reprisal or retallation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kennacky, Kennacky State University, U.S. Department of Agriculture, and Kentucky Counties. Cooperating.



## KY Horse Owners!



and your horses? We What's buggin' you want to know!

equines to inform research Tell us about pests of your and education in Kentucky



C. Jill Stowe, PhD Hannah Tiffin, PhD **Assistant Professor** 

Agricultural Economics Dept.

University of Kentucky University of Kentucky





Research

## Cattle Owners!

and your cattle? We What's buggin' you want to know!

cattle to inform research and Tell us about pests of your education in Kentucky



Agricultural Economics Dept. Kenneth Burdine, PhD Hannah Tiffin, PhD Entomology Dept. **Assistant Professor** 

**Jniversity of Kentucky** 





### **WEDNESDAYS:** 2-3 P.M. ET | 1-2 P.M. CT | 12-2 P.M. MT | 11-12 P.M. PT

Join us for a 6-week series to learn about & discuss the uniqueness of the current cattle cycle so we can better understand how to help our producers manage their operations through record-high prices!

Speakers will include Extension economists and specialists from across the United States.

DATES	TOPICS
September 10	Industry Margins & Beef Demand
September 17	Differences in this Cattle Cycle & Import Dynamics
October 1	Risk Management & What To Do With Profits
October 8	Operation Resiliency & Contract Grazing
October 22	Integrated Crop-Livestock Systems & How Not to Need a Hay Baler
October 29	Defining "Better Genetics" & Economics of Reproduction Strategies

Visit this link or scan the QR Code to register: bit.ly/register-for-SHPwebinar





















# 2025 KY GRAZING CONFERENCE AGENDA

Registration & Refreshments :30 AM

\*All times local\*\*

Dr. Ray Smith, University of Kentucky

8:00 AM

Seven Things That I Have Learned About Profitable Ranching in the Last 45 Years, Jim 8:15 AM

Gerrish, American GrazingLands Services

Nutrient Cycling in Grassland Ecosystems Dr. Ricardo Riberio, University of Kentucky 9:15 AM

Break & Visit with Sponsors 10:00 AM

Forage Management for Shifting Weather Patterns Dr. Chris Teutsch, University of Kentucky 10:30 AM

Breeding a Functional Cow that Works in Your Environment Cody Rakes, Loretto Motherhouse Farm 11:00 AM

Kentucky Forage and Grassland Council Business Meeting & Awards 11:40 AM

Lunch & Visit with Sponsors 12:00 PM

Forage Spokesperson Contest/Local Producers 1:00 PM

SPACE IS LIMITED REGISTER TODAY

> What We Have Learned About Bale Grazing Dr. Greg Halich, University of Kentucky 2:00 PM

Managing Feed Costs in Ruminant Livestock Production Systems Jim Gerrish, American GrazingLands Services 2:45 PM

Adjoun 3:30 PM

REGISTER BY MAIL







\$60 per participant OR \$25 per student

Phone Number:

State, City, ZIP:

Email:

Address:

Name:

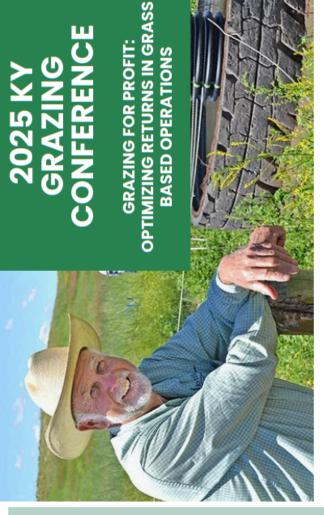
\$75 per participant at the door



KFGC c/o Caroline Roper, PO Box 469, Princeton, KY 42445 (270) 704-6618

Make checks payable to KFGC and mail to:

SPACE IS LIMITED REGISTER TODAY



PRESENTATIONS BY... **FEATURING** 

DR. RICARDO RIBERIO & LOCAL PRODUCERS DR. CHRIS TEUTSCH DR. GREG HALICH **DR. RAY SMITH CODY RAKES** JIM GERRISH

### TWO LOCATIONS IN KY



Winchester, KY

Tuesday, October 28



Thursday, October 30 Leitchfield, KY

### **REGISTER TODAY!**

https://2025GrazingConferenceWest.eventbrite.com https://2025GrazingConferenceEast.eventbrite.com

Winchester.





FORAGE & GRASSLAND COUNCIL





Join us for an informative and engaging Hay Program designed for hay producers. This event will cover key topics including understanding hay testing, effective hay marketing strategies, practical beef cattle ration tools, and a producer panel. The program will conclude with a celebratory Hay Awards Banquet, recognizing excellence in hay production.

Don't miss this opportunity to learn, network, and honor outstanding achievements in the hay industry!



**NOVEMBER 24<sup>TH</sup>** 6:00 P.M.



RSVP OR QUESTIONS CALL: (859) 257-5582

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT



**FAYETTE COUNTY EXTENSION OFFICE** 1140 HARRY SYKES WY, LEXINGTON, KY 40504

Please RSVP by end of day on November 17th for meal reservation!

Cooperative **Extension Service** 

Agriculture and Natural Resources 4-H Youth Development Community and Economic Development Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex

sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.









### Pumpkin Apple Muffins

1¼ cups all-purpose flour 1¼ cups whole-wheat flour 1¼ teaspoons baking soda ½ teaspoon salt

1½ teaspoons ground cinnamon ½ **teaspoon** ground ginger

½ teaspoon ground nutmeg

1¼ cups honey 2 large eggs 1½ cups fresh pureed pumpkin

½ cup canola oil 2 cups Granny Smith apples, finely

chopped

Preheat oven to 325 degrees F. In a large bowl, combine flours, baking soda, salt and spices. In a small bowl, combine honey, eggs, pumpkin and oil; stir into dry ingredients just until moistened. Fold in apples. Fill greased or paper lined muffin cups, two-thirds full. Bake for 25 to 30 minutes or until muffins test done. Cool for 10 minutes before removing from pan. **Note:** Can substitute two cups granulated sugar for honey, decrease baking soda by ¼ teaspoon and increase oven temperature to 350 degrees F.

Yield: 18 muffins

**Nutritional Analysis:** 200 calories, 7 g fat, 0.5 g saturated fat, 35 mg cholesterol, 160 mg sodium, 35 g carbohydrate, 2 g fiber, 20 g sugar, 3 g protein



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

> Nicholas County 368 East Main P.O. Box 3 Carlisle, Kentucky 40311

